



▼ **INGREDIENTS**

Supplement Facts		
Serving Size: 1 capsule		
Amount Per Serving		% Daily Value
Niacin/Niacinamide.....	30 mg	150%
B-12 (Cyanocobalamin).....	1 mg	16667%
Vitamin B5 (Calcium Pantothenate).....	16 mg	150%
Calcium (DiCalcium Malate).....	20 mg	2%
Vitamin B9 (Calcium Folate).....	700 mcg	175%
Biotin.....	50 mcg	17%
Proprietary Blend.....	355 mg	
Betaine HCl; Enzyme Blend (Pepsizyme, Protease Blend, Bromelain, Papain, Lipase, Natto); Coleus Forskohlii (Herb); Choline Bitartrate; Ammonium Chloride; Pancreatin; Aspartic Acid; Bile Salts; Pepsin; L-Histidine HCl; L-Taurine; Nettle (Leaf); Alfalfa (Herb)		
*Daily Value is not established.		
Other Ingredients: Gelatin, Leucine and Silica		

▼ **DOSAGE**

- Take 1-2 capsules up to 3x daily with food, or as directed.

▼ **PACKAGING**

- 60 capsules/eccobottle.

▼ **PERSPECTIVE**

Some 35% of all people over the age of 40 have low stomach acid which results in a low bioavailability of many nutrients, especially Vitamin B₁₂ which works synergistically with Vitamins B₆ and Folate to methylate methionine to properly manage homocysteine.

▼ **LIFESTYLE**



#19 DB¹² (Digestive Health)

Digestive enzymes, vitamins, nutrients, and herbalomic® botanicals that support the stomach's normal parietal cell activity regarding intrinsic factor - a glycoprotein essential for the absorption of Vitamin B₁₂ - as well as the production of hydrochloric acid necessary to initiate the natural digestive processes.

▼ **INDICATIONS**

- Normal fatigue
- Normal cognitive clarity
- Build Vitamin B₁₂ values
- Pins & Needles sensations (numbness, 'asleep-feeling) in hands/feet
- Brittle, ridged, easily chipped finger and toe nails
- When tongue is sore or swollen (imprint of teeth on edges)
- Build and repair the Intrinsic Factor
- Promote normal digestive processes
- Normal healthy blood
- Normal pancreatic exocrine function

▼ **KEY COMPONENTS**

- **Aspartic Acid** – Necessary for digestive metabolic processes.
- **Ammonium Chloride** – Helps promote digestion, buffer pH, provides chlorides for HCl production.
- **Betaine HCl** (Hydrochloric Acid) – Supports normal parietal cell processes.
- **Bromelain** – A proteolytic enzyme complex from pineapple.
- **Choline Bitartrate** – An essential nutrient that supports neurotransmitters (acetylcholine) and cell membranes.
- **Coleus Forskohlii** – Provides "forskolin" which stimulates normal gastric acid and pepsinogen through the adenylate cyclase enzyme.
- **D-Calcium Pantothenate** – A B vitamin necessary to render energy from fats, and helps maintain a healthy digestive tract.
- **Nettle Leaf** – Long used to cleanse the digestive tract, promote healthy digestion, and support normal digestion processes.
- **Pancreatin** – A group of pancreatic enzymes [amylases, proteases (trypsin), lipases]. Helps hydrolyze nutrients for absorption.
- **Pepsin** – Helps convert proteins into peptide bonds for assimilation.

▼ **CONTRAINDICATIONS**

None known. While containing a number of therapeutic botanicals, Doc Wheelwright taught that combined herbal formula nutrients work synergistically, deriving the most benefit from small amounts of ingredients that enhance and support each other to gain beneficial impact.

▼ **CLINICIAN CONSENSUS**

- Enhance Digestion/Assimilation of B₁₂:
#19 DB₁₂ - Digestive Health
#870/#871 Spectra One - Whole Food Cell Multi Vit/Min

▼ **BACKGROUND**

Responding to practitioner requests, Stu Wheelwright brought this unique formula to the product offerings to specifically support the stomach's parietal cells' *intrinsic factor* production for the uptake of vitamin B₁₂ in the intestine's ilium. Sources for the critically-needed vitamin B₁₂ come from food and intestinal bacteria. Absorption into the body depends upon *intrinsic factor*, a glycoprotein manufactured in the stomach. This often overlooked part of the B₁₂ pathway is a digestive function that often needs nutritional support for maximum effectiveness.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#660 MELA** - Optimal Terrain Enzymes
- **#650 ENZEE** - Hi Potency Enzymes
- **#1 Activator**
- **#2 Builder**
- **#6 Restore**
- **#100 ABC** - Acidophilus & Bifidus Complex
- **#138 MBC** - Microbiome Colonizer
- **#610/#615 ACCELL** Therapeutic
- **#200 AO** - Aloe Vera
- **#428 DSIR** - Intergen
- **#467 LGUT** - Leaky Gut Mastery
- **#920 Core Cellular Program**
- **#740 Earth Sedate** - Clear Congestion
- **#745 Earth Tonify** - Warm The Center

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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