



▼ **INGREDIENTS**

DI Water, Wintergreen Leaf Oil, Modified Potato Starch, Glycerin (Skin Identical Ingredient), Glyceryl Stearate Citrate (Sustainable Palm Oil), Sweet Almond Oil (Organic), Camphor, Caprylic/Capric Triglycerides (Coconut Oil/Glycerin), Menthol (Organic), Cetearyl Olivat, Sorbitan Olivat (Olive Oil), Witch Hazel, Cetyl Alcohol (Coconut-Derived Emulsifier), Behenyl Alcohol (Derived From Fruit Extract), *Eucalyptus globulus* Oil (Organic), *Osmanthus fragrans* (Tea Olive), *Salix alba* (White Willow Bark) Extract, *Tanacetum annuum* (Blue Tansy) Leaf Oil, *Capsicum annuum* Extract (Organic), *Aloe barbadensis* Leaf Juice (Organic), Apple Juice (Organic), Guar Hydroxypropyltrimonium Chloride (Guar Gum), Allantoin, Panthenol (Vitamin B5), Tocopheryl Acetate (Vitamin E), Lactic Acid, Benzyl Alcohol (Derived From Fruit Extract), Potassium Sorbate (Derived From Vegetable Oil), Sodium Benzoate (Bitter Almond).

▼ **DOSAGE**

- Apply to affected area twice per day, or as directed.

▼ **PACKAGING**

- 4 oz. tube.

▼ **PERSPECTIVE**

Studies suggest that topical analgesics may reduce the nociceptive input from inflamed muscles. This is done via a reflex mechanism that activates the cutaneous nociceptive afferents. The ingredients assist in supporting analgesic properties, blood flow, nutritive healing, receptors and lipid/moisture.

▼ **LIFESTYLE**



#360 Muscle Rejuvenation (Soothe the Muscles)

A muscle-supportive, skin microbiome supportive, topical application that also provides herbal analgesic properties. Salicylic acid, when absorbed in the skin, can assist in helping with normal muscle soreness and pain. Capsaicin has been proven to be very effective in topical muscle creams and can provide a mild warm tingling and/or burning sensation. Muscle Rejuvenation is an innovative breakthrough in product formulation by presenting the body with ingredients necessary for soothing sore and achy muscles.

▼ **INDICATIONS**

- Muscle-supportive
- Support normal skin microbiome
- Herbal analgesic components
- Nutritive healing
- Lipid/Moisture

▼ **KEY COMPONENTS**

- **Menthol (Eucalyptamint)** - A volatile oil derived from natural menthol - containing herbs such as peppermint, pennyroyal and eucalyptus. This active compound has a long history of applications for its analgesic effects and is widely used to support the body's normal muscle congestive-resolving processes associated with normal pain and inflammation activities. Useful to athletes as a passive form of warm-up.
- **Capsaicin** - From the cayenne pepper, its warming properties have long been employed to support muscle health because capsaicin binds to the vanilloid receptor, TRPV1 (Transient Receptor Potential Cation Channel Subfamily V member 1), that is activated by heat (burns) and chemical (toxin) injury and signals natural resolution processes. Recent research demonstrates that more than its history of temporary pain-relief, capsaicin also supports aspects of skin health, as well as normal cell glucose utilization.
- **White Willow** - An herbal containing the organic acid, salicin, responsible for synthesis of acetyl salicylic acid (ACS) - the metabolically active molecule associated with white willow's "aspirin-like" metabolic impact. Willow bark, documented for over 3000 years, is famous for supporting the body's normal pain-relieving potentials.
- **Polysaccharides & Glycerin (Prebiotics)** - Provides a microbiome friendly environment allowing the body to maintain a healthy skin microbiome.
- **Apple Juice, Blue Tansy, Allantoin & Aloe** - Provides nourishing elements to the cells of the skin. Phytochemicals are shown to hydrate and nourish the skin.

▼ **CONTRAINDICATIONS**

None when used as directed.

▼ **CLINICIAN CONSENSUS**

• **Support & Comfort of Muscle/Joint Processes**

- #3090 Muscle & Joint Rejuvenation
- #460 KYRO - Muscle, Tissue, Ligament
- #133 Jot - Joint, Disc, Cartilage Support
- #402 ARTA - Jointez
- #840 Eventa - Cellular Enzyme Corrector
- #660 Mela - Optimal Terrain Enzymes

▼ **BACKGROUND**

Developed by Dr. Shayne Morris, this powerful proprietary formula has been curated to support both the skin microbiome and muscle tension/soreness relief.

▼ **SYNERGISTIC CONSIDERATIONS**

- #379 Skin Colonizer - Rebalance the Skin Microbiome
- #126 CTV - Vitamin C
- #120 CAL - Calcium Plus
- #192 CalMD - Bone Support + Vit D₃

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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