



▼ INGREDIENTS

Supplement Facts	
Serving Size: 3 capsules	
Amount Per Serving	% Daily Value
Calcium (Carbonate)	50 mg 5%
Potassium (Bitartrate)	10 mg <1%
Proprietary Blend	1150 mg *
Rhubarb (Root) Spearmint (Leaves) Nettle (Leaves) Kelp (Herb) Hyssop (Herb) Shavegrass (Herb) RNA/DNA Adrenal Tissue Factors	

* Daily Value is not established.
Other Ingredients: Gelatin, and Leucine.

▼ DOSAGE

- 1-2 capsules, twice per day, for 1-3 months (often before bed), or as directed.
- Concentrated Extract CX-APHA: 3-5 drops, twice per day, or as directed.

▼ PACKAGING

- Capsules: 60 capsules/eco-bottle.
- Concentrated Extract: ½ oz glass bottle with dropper.

▼ PERSPECTIVE

pH, the body's acid/alkaline cycles, swing like the ocean tides, twice a day. Both the acid and alkaline swings are important to overall health. The ebb and flow of pH allows for the cellular chemical reactions to have changes in electrical potentials and enzyme activity. Traditionally, people support pH by eating certain foods or taking mineral supplements when their pH is too acid or too alkaline; exercise; or support the pH regulatory organs: lungs, adrenals, kidneys, etc.

▼ LIFESTYLE



#400 APHA (pH Control)

#2400 CX-APHA (pH Control)

pH is an ambient environment for cellular chemical processes. APHA supports the body's normal pH values and cycles by providing minerals and herbs to support the alkaline reserve as well as the tissues that exert an influence over pH. Suitable for both overly acid and overly alkaline states where the pH swings too far in one direction.

▼ INDICATIONS

- Overly acidic pH swings (with Ga, CLR, AO)
- Overly alkaline swings (with PRO and Ks)
- pH is a factor in cellular processes
- Sluggish intestinal motility (with C)

▼ KEY COMPONENTS

- **Calcium** – The body uses calcium to activate blood clotting and for proper immune system function, as well as to maintain proper pH levels. A mineral that the body “borrows” to maintain proper blood pH.
- **Potassium** – Supports fluid and electrolyte balance throughout the body. Supports brain function (potassium channels provide energy), supports glucose metabolism, bone health, proper blood pressure, assists kidneys in removing wastes.
- **Rhubarb** – An alkalizing food, contains lutein, Vitamin K, and antioxidants (incl. lycopene). A bowel tonic and cleanser. Provides vitamins, K, C, A, and B complexes. Helps regulate intestinal health.
- **Spearmint** – An alkalizing, purifying herb supportive of normal digestive health.
- **Nettle** – An alkalizing herb with properties to support normal cytokine TNF-alpha processes and normal kidney function. Helps balance the normal histamine reactive immune processes.
- **Kelp** – Considered a highly alkaline food, supportive of the body's normal pH regulatory processes. Provides a multitude of minerals and trace minerals necessary for proper cellular metabolic activities.
- **Hyssop** – An alkalizing, purifying herb with a reputation that it supports normal lung processes. Cited to assist the normal purification processes involving acidic waste products.
- **Shave Grass** – A valuable, alkalizing reed cited to support the kidneys' normal diuretic processes to help flush out unwanted acidic metabolic wastes. A source for the critically important trace mineral, silica, necessary for cartilage and tissue flexibility. Helps with the normal removal of kidney calculi processes.

▼ CONTRAINDICATIONS

None in recommended doses. Note: Contains rhubarb, which in some people, can cause contractive/gripping sensations in the intestines with an increased motility effect.

▼ CLINICIAN CONSENSUS

- General pH Balance:
 - #400 APHA - pH Control
 - #31 Ga - Adrenal
 - #58 Ks - Kidney s
 - #140 MIN - Multi Mineral

▼ BACKGROUND

Doc Wheelwright taught the pH balance subject for many years.

Acidosis occurs when blood pH falls below 7.35. It can be due to: 1) Increased acid production within the body; 2) Consumption of substances that are metabolized to acids; 3) Decreased acid excretion; 4) Increased excretion of alkaline reserves.

Alkalosis occurs when blood pH rises above 7.45. It can be due to: 1) Electrolyte disturbances caused by prolonged vomiting or severe dehydration; 2) Administration or consumption of excessive alkaline substances; 3) Hyperventilation (with increased excretion of acid in the form of CO₂).

Doc created this formula to support the acid/base processes of the colon, lungs, and kidneys for proper blood pH maintenance (7.35 – 7.45).

▼ SYNERGISTIC CONSIDERATIONS

- #31 Ga - Adrenal
- #14 C - Colon
- #39 Gf - Thyroid
- #80 R - Lung
- #56 K - Kidney
- #58 Ks - Kidney-s
- #123 CLR - Chlorophyllin
- #155 PTM - Potassium Stabilizer
- #17 D - Digest
- #403 ATAK - Immune Rejuvenator

▼ INFORMATION RESOURCES

- www.systemicformulas.com