

#### **VINGREDIENTS**

Amount Per Serving	% Daily Value
Vitamin B12 (Methylcobalamin) Manganese (Chelate) Potassium (Bitartrate)	75 mg 125% 40 mg 4% 32 IU 107% 33 mcg 550% 6 mg 300% 3 mg <1%
Proprietary Blend Citrus Bioflavonoids; Gelatin; Pf Cyani (Flowers); Slippery Elm (Ba Tissue Factors; Sete Sangrias (H Paprika; RNA/DNA Heart Tissue f Cinnamon (Bark); Hawthorn (Leaves); L-Phenylalanine	affia (Root); Urea rk); RNA/DNA Live erb); L-Tryptophan -actors; Hesperidin

(Organic Grape).

#### **V** DOSAGE

 1-3 capsules at bedtime, for 1-6 months, or as directed.

#### **PACKAGING**

• Capsules: 60 capsules/eco-bottle.

#### **V** LIFESTYLE











# #460 KYRO (Muscle/Tissue/Ligament)

An herbal, nutritional formula designed to support the multifaceted, normal processes of ligament, muscle and tendon maintenance. Often used for muscle comfort post-exercise, as well as occasional overexertions. Contains nutrients that the body may use for normal muscle maintenance activities. Very popular among athletes and chiropractors.

#### **▼ INDICATIONS**

- Supports normal muscle relaxing activity
- Nutritional support for muscles
- Nutritional support for normal tissue repair processes
- Post workout muscle rebuilding nutrition

#### **▼ KEY COMPONENTS**

- Citrus Bioflavonoids Vitamin P (Orange peel, Lemon Bioflavonoids, Hesperidin) supports collagen and normal muscle repair processes. Studies cite that bioflavonoids support the body's normal "micro-tear repair" activity and may hasten recovery compared with the control group. A nutrient that serves normal muscle function. Part of the vitamin C complex of
- **Gelatin** Protein nutrition to support normal strength and elasticity of tendons, ligaments and muscles.
- Urea High in nitrogen, modifies the structure of amino chains and polypeptides within the skin, which is important for helping to moisturize the fascia.
- Slippery Elm Most often thought of as natural support of digestive processes and digestive mucosa, Slippery Elm also contains inherent nutrients that support normal muscle relaxation metabolic activity.
- Pfaffia A rainforest adaptogenic herb containing nutrients that support normal anabolic cellular activities which are associated with muscle size and health
- Cinnamon An excellent source of the trace mineral manganese and a very good source of dietary fiber, iron and calcium. Supports normal glucose metabolic processes and helps re-sensitize muscle cells to glucose uptake for repair and energy.
- Sete Sangrias Rainforest botanical used in Brazilian herbology. Supports muscle use of glucose for cellular energy processes. Supports normal, healthy heart muscle activities.
- RNA/DNA Heart Factors Support for the tissue integrity of the body's most important muscle.
- Stevia Rich in antioxidants, helps prevent normal free radical damage. Supports proper glucose metabolism and normal muscle repair activities. Helps the body modulate the NF-kappaB Mediated inflammatory responses to muscle tissue repair processes. Supports cellular ATP energy activity allowing muscles to maintain proper cellular energy production.
- Hawthorn Berries An excellent source of heart-protective antioxidants such as oligomeric procyanidins and quercetin. Supports normal blood circulation processes that carries nutrients to clusters of cells

#### **▼ CONTRAINDICATIONS**

None when used as directed.

## **▼ CLINICIAN CONSENSUS**

• Muscle recovery, post workout:

#460 KYRO - Muscle/Tissue/Ligament #840 EVENTA - Cellular Enzyme Corrector #810 eNRG - Quantum ATP Energy #2 Builder

#### **▼ BACKGROUND**

Doc Wheelwright designed this botanical muscle support formula to help the muscle cells utilize lactic acid, glucose, and ATP after strenuous exercise for more optimal recovery and rebuilding processes. He often cited that the heart muscle must rebuild its energy and its tissue integrity between every beat.

### **▼ SYNERGISTIC CONSIDERATIONS**

- #840/#841 EVENTA Cellular Enzyme Corrector
- #133 JOT Joint, Ligament, Cartilage
- #810/#811 eNRG Quantum ATP Energy
- #850/#851 MoRS Methylation Donors
- #870/#871/#872 Spectra 1 & 2 Whole Food, Cell Multi-Vit/Min/Oil
- #408/#2408 CLNZ Chelator
- #2/#2002 Builder
- #6/#2006 Restore
- #880/#881/#882 VISTA 1 & 2 Membrane Regeneration
- #225 EE Essence Oil
- #75/#2075 N3 Relaxa
- #44/#2044 H Heart

#### **▼ INFORMATION RESOURCES**

www.systemicformulas.com