



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
Magnesium (Malate).....	40 mg 10
Niacin.....	9.1 mg 45
Vitamin E.....	34 IU 113
Selenium (L-Selenomethionine).....	60 mcg 86
Vitamin K2 MK7 (Menaquinone).....	60 mcg 76
Proprietary blend.....	750 mg *
L-Carnitine; D-Ribose; CoQ-10; Cinnamon (Ext); Omega 3; L-Taurine; RNA/DNA Heart Tissue Factors; Hawthorn Berries; Bromelain; Betaine HCl; Bilberry; Sodium Copper Chlorophyll; Cream of Tartar; RNA/DNA Adrenal Tissue Factors; L-Phenylalanine; Gamma Oryzanol; Nattokinase; RNA/DNA Kidney Tissue Factors; RNA/DNA Spleen Tissue Factors; Peppermint Oil	
* Daily Value not established	

Other Ingredients: Gelatin, Leucine, Silica and Vegetable Stearates

▼ **DOSAGE**

- 2-4 capsules per day, or as directed.
- Maintenance: Take one capsule twice a day.

▼ **PACKAGING**

- 60 capsules/ecco-bottle.

▼ **PERSPECTIVE**

The latest research on heart health points directly to the mitochondria organelles that make ATP energy for each heartbeat. Nutrients such as Coenzyme Q-10, carnitine, magnesium and fatty acids are necessary for normal electron chain transport that makes ATP for muscle energy.

▼ **LIFESTYLE**



#48 HQ (Heart Energy)

This formula “feeds the heart-energy” by providing a wide array of valuable nutrients - vitamins, minerals, enzymes, amino acids, antioxidants, essential fatty acids, plus herbs for a comprehensive, multi-faceted approach to the heart muscle’s high-energy and quick recovery processes. It focuses specifically on cardio-mitochondrial processes and the normal cellular metabolic activities.

▼ **INDICATIONS**

- Nutrition for the heart’s cells’ ability to make ATP energy
- Broad spectrum nutrient support for normal heart processes
- Heart rhythm processes
- Heart mitochondrial energy production
- Endurance factors

▼ **KEY COMPONENTS**

- **CoQ-10** – Converted to water soluble form for enhanced assimilation. Works in concert with L-Carnitine to help normalize myocardial adenine nucleotide concentrations.
- **D-Ribose** – Supports the heart’s normal energy recovery after the systolic phase of activity.
- **Niacin** – Vitamin B3. Necessary for normal regulation of lipoprotein and fibrinogen levels that are associated with arterial and lipid healthy maintenance processes.
- **Magnesium** – Essential for the heart, widespread deficiency in most people’s diets.
- **Nattokinase** – An enzyme renowned to support normal blood viscosity and pressure system.
- **Hawthorn Berries** – One of Nature’s great heart tonics. Numerous studies suggest that it contains factors that help the normal heart muscle repair processes and recovery. Supports overall performance.
- **RNA/DNA Heart Factors** – Supports the tissue integrity and genetic continuity via organized amino acids, peptides, and nucleoprotein structures.
- **Cinnamon** – Helps maintain normal blood viscosity, glucose and lipid levels. Helps with overall homeostatic balance.
- **L-Taurine** – An amino acid associated with supporting the cell membranes and electrical impulses.
- **L-Carnitine** – Amino acid support for the mitochondrial energy processes within every cell. Also helps with cellular purification of metabolic wastes and normal performance of every cell.
- **Vitamin K₂ (MK-7)** – Hugely important nutrient necessary for heart health and cellular longevity. Necessary to mobilize calcium away from tissue-storage and toward normal bone utilization.
- **Gamma Oryzanol** – An antioxidant from rice bran oil containing ferulic acid. Helpful with normal oxidative processes within the cells. Also helpful for body-building.

▼ **CONTRAINDICATIONS**

Contains hawthorn in a small amount. Large amounts of hawthorn can make blood-thinning drugs, (Warfarin: Coumadin®, Jantover®, generics) more effective—thus may strengthen the effects beyond the Rx-dosage intent.

▼ **CLINICIAN CONSENSUS**

- Heart Mitochondria Support:
#48 HQ - Heart Energy
#128 CVO - Cardiovascular Oil
#840 EVENTA - Cellular Enzyme
#810 eNRG - Quantum Cellular ATP Energy

▼ **BACKGROUND**

Designed by Dr. Shayne Morris (cellular biologist and Doc Wheelwright’s grandson) based on cutting edge herbalomic® research, this formula focuses on the heart’s mitochondrial production of ATP (Adenosine Triphosphate) – the chemical energy of life. Selecting the botanicals that research cites as supportive for the epigenetic expression of normal heart energy health, plus the fundamental nutrients that support the heart’s citric acid and beta oxidation cycles; this formula combines the chief nutrients that the heart requires to maintain its contractive and release rhythms. Clinicians hail this formula as a milestone breakthrough in simplifying the many supplements required for nutritional heart support.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#44 Hcv** - Heart/Cardiovascular
- **#840 EVENTA** - Cellular Enzyme
- **#620/#625/#630** Metabo-Shake - Glycemic Support
- **#875** Synulin - Glycemic Balance
- **#44 H** - Heart
- **#810 eNRG** - Quantum ATP
- **#850** MoRS - Methylation Donor
- **#755** Fire Tonify - Support The Heart
- **#870/#871/#872** Spectra One & Two - Whole Food, Cellular, Multi Vitamin/Mineral/Fatty Acids
- **#140** MIN - Multi Mineral
- **#184** ROX - Super Antioxidant
- **#197** OMGA - Omega 3-6-9
- **#129/#199** VitD3 - Vitamins D3/K2
- **#128 CVO** - Cardiovascular Oil

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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