



▼ **INGREDIENTS**

Supplement Facts		
Serving Size: 4 capsules		
Amount Per Serving	% Daily Value	
Vitamin A .....	100 IU	2%
Magnesium (Sulfate) .....	32 mg	8%
Calcium (Ascorbate, Carbonate) .....	39 mg	4%
Vitamin C (Calcium Ascorbate) .....	120 mg	200%
Proprietary Blend .....	1560 mg	*
<small>Rose Hips (Herb); Gelatin; RNA/DNA Kidney Tissue Factors; Juniper (Berries); Buchu (Leaves); Sete Sangrias (Herb); Alfalfa (Herb); Spearmint (Leaves); Cleavers (Herb); Citrus Bioflavonoids; Allantoin; L-Serine; L-Phenylalanine; RNA/DNA Adrenal Tissue Factors; RNA/DNA Thalamus Tissue Factors; L-Tyrosine; RNA/DNA Thyroid Tissue Factors; Aloe Vera (Leaves); Rose Oil; Sodium Copper Chlorophyll</small>		
* Daily Value not established.		
Other Ingredients: Gelatin and Leucine		

▼ **DOSAGE**

- 1-4 capsules, twice a day, for 1-4 months, or as directed.

▼ **PACKAGING**

- 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

The more one researches the importance of normal, healthy kidney function on overall body functionality, and the more one researches the importance of kidney ch'i on a persons vital energy and fundamental libido, the more we realize that the kidneys can quickly apply targeted nutrition for their normal functionality and self-maintenance faculties.

▼ **LIFESTYLE**



**#58 Ks (Kidney-s)**

Supports normal kidney functionality, e.g. the work being done by the kidneys. Like the K-Kidney formula, Ks provides tissue integrity factors, but this formula's focus is on helping facilitate normal kidney activities: blood filtering, vitamin D<sub>3</sub> synthesis, initiate erythrocyte manufacture in the bone marrow, create urine, adjust pH, and provide vital ch'i energy for overall wellbeing. In Chinese herbology, the kidneys are the seat of the vital ch'i that provides confidence and determination.

▼ **INDICATIONS**

- Kidney function
- Sand or sediment in urine purification
- All kidney and kidney-related normal processes
- Back muscle programs adjunct
- Heart programs adjunct
- Bone building programs
- Water infiltrated tissues
- Drainage support for various purification programs

▼ **KEY COMPONENTS**

- **Buchu** – *Agathosma betulina*. A South African herb traditionally used as a kidney tonic. Supports normal kidney self-maintenance processes.
- **Cleavers Herb** – *Galium aparine*. Supports normal bladder and kidney relations with the microbial kingdom. Supports normal kidney self-maintenance processes.
- **Gelatin** – Contains specific amino acids compatible with the kidney protein matrix. Bioavailable amino acids for cell integrity.
- **Juniper Berries** – Supports normal kidney functions regarding microbial relations, congestion, tone, and self-purification processes. An alkalizer and supports normal overall water balance.
- **Rose Hips** – Contains natural, complete spectrum Vitamin C, a collagen supportive and normal purification nutrient. Supports the normal processes of collagen maintenance which helps sustain the tissue strength and elasticity e.g. tissue integrity.
- **Sete Sangrias** – A mainstay herb from the Brazilian herbal tradition. Supports normal kidney performance regarding body fluid level regulation, normal blood pressure regulation processes, and overall kidney energy.
- **RNA/DNA Kidney Factors** – Specific support for the kidneys' cellular identity and tissue integrity via organized amino acids, peptides, and nucleoprotein structures.
- **Sodium Copper Chlorophyll** – A favorite of nutritional researcher Dr. Linus Pauling who cited its effectiveness in supporting the kidneys' natural protection from aflatoxin-induced DNA alterations.

▼ **CONTRAINDICATIONS**

**None known.** While containing a number of therapeutic botanicals, Doc Wheelwright taught that combined herbal formula nutrients work synergistically deriving the most benefit from small amounts of ingredients that enhance and support each other to gain beneficial impact.

▼ **CLINICIAN CONSENSUS**

- Basic Kidney Function Support:
  - #58 Ks - Kidney-s
  - #56 K - Kidney
  - #775 Water Tonify - Strengthen Bones
  - #1 Activator

▼ **BACKGROUND**

Similar to the K (Kidney) formula, but different in function. Doc Wheelwright focused on kidney *function* instead of kidney tissue integrity to design this kidney support formula. Thus instead of just focusing on "strong kidneys function well," he selected botanicals, amino acids and nutrients that the kidneys can use to *perform* their daily duties – purifying the blood, vitamin D<sub>3</sub> processes, electrolyte balance, production of red blood cells, supporting blood pressure processes, and especially pH control. Ks soon became a first choice of clinicians when sluggish kidneys impact overall health. Many clinicians employ both the K (Kidney) and Ks (Kidney-s) formulas in the same program.

▼ **SYNERGISTIC CONSIDERATIONS**

- #56 K - Kidney
- #450 KDIR - Fluidren
- #44 H - Heart
- #48 HQ - Heart Energy
- #45 Hcv - Heart Cardiovascular
- #850 MoRS - Methylation Donor
- #775 Water Tonify - Strengthen Bones
- #770 Water Sedate - Remove Dampness
- #31 Ga - Adrenal
- #129/#199 VitD3 - Vitamins D3/K2
- #101 ACP - Vitamin ACP
- #102 ACX - Vitamin Detox

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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