



▼ INGREDIENTS

Supplement Facts	
Serving Size: 3 capsules	
Amount Per Serving	% Daily Value
Niacin.....	5 mg 25
Proprietary Blend.....	1480 mg *
Canaigre (Root); Lobelia (Herb); Cortex Eleutherococcus (Root); Ligusticum Rhizome; Platycodon (Root); Licorice (Root); Citrus Aurantium (Ripe); Citrus Aurantium (Unripe); Cyperus Rhizome; Bamboo Resin; Saussurea (Root); Hops (Herb); Woodruff (Herb); RNA/ DNA Brain Tissue Factors; Bupleurum (Root); Coptis Rhizome; Uncaria Stem; Pinellia Rhizome; Ophiopogon (Root)	

* Daily Value not established.

Other Ingredients: Gelatin and Leucine

▼ DOSAGE

- Capsules: 1-3 caps, up to twice a day, or as directed.

▼ PACKAGING

- Capsules: 60 capsules/eco-bottle.
- Upon request, eco-teabags are included with instructions on how to convert capsules to tea for liquid administration.

▼ PERSPECTIVE

The Chinese 5-Element system provides for the tonification (strengthening support) and sedation (relaxing support) of the five elements: Earth, Fire, Water, Metal, and Wood which relate to different body organs' energy and cycles that all function as a collective whole. Working in harmony with the 5 Elements are two energy channels: The Triple Warmer and the Pericardium which can be supported with tonifying and sedating influences to help the body maintain its innate natural balance.

▼ LIFESTYLE



#720 GENERAL SEDATE (Relieve Depression)

The two "general" formulas (Tonify and Sedate) are applicable when a large percentage of the body's activities are over stimulated (Gen Sedate) or under functioning (Gen Tonify). This way, one formula supports all the elementals. These two formulas can be considered as master formulas.

In the Chinese herbal tradition, this combination supports the normal processes that relieve stagnation of nervous system, balances the general energy and emotional state of the body. Sedates and nourishes yin of the lungs, kidneys, spleen and liver for general health. It cleanses excess heat and heart fire. Any of the five elements can become depressed if Qi is obstructed or congested and the liver is intimately involved with the distribution of Qi circulation. This formula is the 'Great Energy Balancer'; it promotes inner peace, confidence, patience, and calm.

It is a psychological formula particularly applicable for people who are negative, irritable, antisocial, and feel stuck in life. Often unresolved anger and impatience are characteristic. Often employed for the effects on people "when life doesn't go their way" which applies to everyone. Some practitioners give this formula to practically every patient and consider it to be like a "multi-vitamin/mineral formula" for the psyche.

▼ INDICATIONS

- Frustration
- Nervous tension
- General liver support
- Normal head tensions
- Noises in ears
- General vascular support

▼ KEY COMPONENTS

- **Canaigre Root (Southwestern "Ginseng")** – Energy tonic, supports normal stress levels, contains a number of unique compounds that support normal adrenal gland function.
- **Lobelia Herb** – Herbal expectorant support of normal lung processes that clear mucous from the respiratory tract; a respiratory tonic that supports normal lung and mucosa cell function.
- **Cortex Eleutherococcus** – Wu Jia Pi. Adaptogen. Exhibits cardiovascular, as well as mood- and energy-enhancing effects via normal channels.
- **Ligusticum** – Chuanxiong. Chinese herbal tradition demonstrates ability to support normal liver function and protection from damage by chemicals via normal mechanisms. Supports natural immune functions. Contains alkaloids that have been shown in studies to inhibit TNF-alpha production and TNF-alpha-mediated NF-kappaB activation.
- **Coptis Rhizome** – Huang Lian. Aids in normal regulation of serotonergic and gastroenteric system functions. Contains berberine.
- **Platycodon** – Jie Geng. Contains immune supportive molecules that serve normal immune functions. Supports normal B Cell and macrophage activity.
- **Licorice** – Glycyrrhiza Glabra. This famous herb serves the body's normal relations with microbes, contains antioxidants, and supports normal mucous membrane processes.
- **Hops Herb** – Humulus lupulus. Well known to support the body's normal relaxation and sleep processes. Antioxidant.
- **Woodruff Herb** – Asperula odorata. Used in the middle ages applied directly to cuts. Supports the normal stomach and gall bladder functions. Historically employed as a blood and nerve tonic.

▼ CONTRAINDICATIONS

None, used as directed.

▼ CLINICIAN CONSENSUS

- Disperse Liver Heat (Support the Liver):
#720 General Sedate - Relieve Depression
#60 L - Liver
#184 ROX - Super Antioxidant w/Resveratrol
#6 Restore

▼ BACKGROUND

Doc Wheelwright tested Chinese patent formulas and improved their bioenergetic resonance with the inclusion of rain forest botanicals and other nutritional factors. The formulas provide a desperately needed "causative" level impact to the constitutional states that allow symptom expression.

▼ SYNERGISTIC CONSIDERATIONS

- #60/#2060 L - Liver
- #62/#2062 Ls - Livers
- #61/#2061 Lb - Liver/Gall Bladder
- #6 Restore
- #102 ACX - Vitamin DTX
- #31/#2031 Ga - Adrenal
- #200 AO - Aloe Vera
- #870/#871/#872 SPECTRA One & Two - Whole Food, Cell, Multi-Vit/Min/Oil
- #74/#2074 N - Nerve
- #406 Calm - Stress Relief & Mood Support

▼ INFORMATION RESOURCES

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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