



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
Calories	20
Calories from Fat	18
Total Fat	2 g 3%†
Polyunsaturated Fat	1 g
Linoleic Acid	1 g
Oleic Acid	0.36 g
Palmitic Acid	0.20 g

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.
Other Ingredients: Cucurbita Pepo Oil, Gelatin, Glycerin and Purified Water.

▼ **DOSAGE**

- 1-2 capsules up to twice a day for 1-6 months.

▼ **PACKAGING**

- 60 gel caps/eco-bottle.

▼ **PERSPECTIVE**

Pumpkin seeds are rich sources of fatty acids: Palmitic, Stearic, Oleic and Linoleic Acid plus Carotenoids: Beta Carotene, Lutein, Violaxanthin, Luteoxanthin, Auroxanthin, Flavoxanthin, Chrysanthemaxanthin, Alpha, Beta & Eta-cryptoxanthin, and Alpha-Carotene.

▼ **LIFESTYLE**



#73 Mpr (Prostata Ovatum)

A summer squash (pumpkin/gourd) oil formula containing fatty acids known to be supportive for the male and female reproductive glands as well as bursa. Provides specific essential and non-essential fatty acids for gland-nourishment, softening, and lubrication (synovial fluid). Reported to enhance libido and climacteric experience. Supports the normal elasticity of tissues and thus helps with dry skin and cell membranes.

▼ **INDICATIONS**

- Prostate and ovarian health
- Ovary nutrition
- Male and female normal libido
- Male urinary comfort
- Overall kidney health
- General prostate well-being
- Joint health
- Aging male and female health
- Nutritional support for bursa and synovial fluid
- Joint nourishment
- Normal cholesterol processes

▼ **KEY COMPONENTS**

- **Cucurbita Pepo Oil** – Well known for its applications for joint health, ovary and prostate health (contains zinc, plant sterols, and free fatty acids), cholesterol health impact and kidney support. This species of pumpkin oil is rich in all eight fractions of Vitamin E (4 tocopherols, 4 tocotrienols), as well as essential and non-essential free fatty acids (palmitic, myristic, and oleic acids), and the amino acid tryptophan.

▼ **CONTRAINDICATIONS**

None known.

▼ **CLINICIAN CONSENSUS**

- General Prostate Support:
#70 M+ - Male Endocrine
#72 Mpc - Prostate Corrector
#73 Mpr - Prostata/Ovatum
#195 Znc - Zinc Chelate
- General Ovary Support:
#22 F+ - Female Plus
#73 Mpr - Prostata/Ovatum
#843 Femicrine - Female Endocrine

▼ **BACKGROUND**

In Northern Mexico, Doc Wheelwright discovered a correlation between some native tribes and their reliance on the seeds of this gourd. The men were sexually active in their elder years, often conceiving children late in life. The women could bear children long after the usual expiry time. Doc's research on the supplemental use of this oil showed it to be useful in joint support, and specific nutritional support for the bursae. Doc often recommended it for both ovarian and prostate health as part of a comprehensive program. He'd also include it in a program when the kidneys needed help in removing congestion. For prostate health, he gave it the "thumbs up" approval and would often have a man use the capsule as a suppository for localized absorption.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#70 M+** - Male Endocrine
- **#72 Mpc** - Prostate Corrector
- **#5 Stabilizer**
- **#3 Bactrex**
- **#4 FungDx**
- **#250/254 TR** - Tai Ra Chi
- **#195 ZNC** - Zinc Chelate
- **#843 Femicrine** - Female Endocrine
- **#870/872 Spectra One & Two** - Whole Food Cell Multi Vit/Min/Oil
- **#920 Core Cellular Program**

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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