



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 Droppers	
Amount Per Serving	% Daily Value
Vitamin K2 (MK-7).....	80 mcg 100%
B-Carotene (Pro-Vitamin A).....	8000 IU 160%
Tocotrienols/Tocopherols.....	30 IU 100%
Vitamin D3.....	1000 IU 250%
Proprietary Blend.....	1630 mg
Grapeseed Oil, Pumpkin Seed Oil; Hemp Seed (Organic); Black Cumin (Organic); Coenzyme Q10; Sea Buckthorn; Olive (Organic); Borage (GLA); Glycerol	
Other Ingredients: Natural Tangerine, Orange, Vanilla, and Coconut Flavors; Ethanol	

▼ **DOSAGE**

- **SpectraTwo:** 2 droppers (accompanies SpectraOne capsules) 1-2 times/day, with food.

▼ **PACKAGING**

- 2 oz. glass bottle with dropper.

▼ **PERSPECTIVE**

As Science delves deeper into the heart of the cell, nutritionists are clarifying the need for whole complex nutrients as they are found in Nature. Recent research stresses the importance of fatty acids in human health, particularly regarding normal heart/cardiovascular, brain, immunological, thyroid, liver, and intestinal health. As our culture comes out of the errant "fat phobic" dietary orientation, supplementation with whole, varied fatty acids provides a way to help the body overcome the deficits of "low fat" diets and modern food processing.

▼ **LIFESTYLE**



**#872 SpectraTwo (Herbal Whole Food Cellular Multi-Vitamin Oil)**

SpectraTwo is one-half of the duo, SpectraOne & Two. It is a comprehensive, organic plant-sourced, nutritional Vitamin F family (oil) supplement featuring a select blend. It includes the rare omega fatty acids that present the body with a wide array of whole nutrients for cellular use. An ultimate daily maintenance, cellular food supplement, providing key ingredients necessary for maximum efficiency: Vitamin K<sub>2</sub> to accompany Vitamin D<sub>3</sub>; the complete Vitamin E complex (4 tocopherols + 4 tocotrienols); and a wide array of varied fatty acid sources for comprehensive daily nutrition. Together, SpectraOne and Two are one complete cellular food formula in two bottles, with the water-soluble nutrients in SpectraOne and the oil-soluble nutrients in SpectraTwo.

▼ **INDICATIONS**

- Fatty Acid Daily Maintenance
- Vitamins D<sub>3</sub>, K<sub>2</sub>, and Pro-Vitamin A
- Nutrition For Cells and Cell Membranes
- Impaired Digestion—Maximum Bio-Availability
- Fatty Acid Nutrition for Brain, Skin, Vital Organs

▼ **KEY COMPONENTS**

- **Grapeseed Oil** – Contains natural antioxidants cited to support normal heart, cardiovascular, and cell membrane function. Helps the body regulate LDL/ HDL balance.
- **Pumpkin Seed Oil** – A source of 10 valuable fatty acid complexes including: myristic acid, palmitic acid, oleic acid, linoleic acid, and linolenic acid.
- **Hemp Seed (Organic)** – A terrific source of essential fatty acids: linoleic, omega-6, alpha-linolenic, omega-3, and gamma linolenic acids. Unlike flax seed oil, hemp seed oil can be used continuously in the human diet without creating an imbalance in essential fatty acids. Contains powerful antioxidants.
- **Black Cumin (Organic)** – Often cited by researcher, Dr. Gary Null, as "the most important oil you can put in your system," for its support of normal immune system performance. This valuable food was included in King Tut's host of treasures.
- **B-Carotene** – Beta Carotene or Pro-Vitamin A. A red-orange pigment found in carrots and other fruits and vegetables; an antioxidant; helps with normal free radical processes. The human body requires Vitamin A for healthy skin and mucus membranes, immune system, as well as eye health.
- **Vitamin D<sub>3</sub>** – Massively researched support for cell receptor metabolic activities. Provides bioactive Vitamin D to support normal bone density processes, healthy hormone activities, immune system support, and muscle activity integrity.
- **Sea Buckthorn** – Supports the body's normal protein regulatory mechanisms regarding blood flow and normal heart health. Cited to help the cellular processes that protect the DNA from ionizing radiation.

- **Vitamin K<sub>2</sub>** – The biological role of Vitamin K<sub>2</sub> is to help move calcium into the proper areas –bones and teeth. It also helps remove calcium from areas where it shouldn't be, such as in your arteries and soft tissues. Critically important with Vitamin D<sub>3</sub> supplementation.

▼ **CONTRAINDICATIONS**

**None.** General safe during pregnancy, please check with your health care professional if considering large doses while pregnant.

▼ **CLINICIAN CONSENSUS**

**Basic Cellular Nutrition Protocol:**

- **#870/#871 SpectraOne** - Whole Food, Cellular, Multi-Vit/Min
- **#872 SpectraTwo** - Whole Food, Cellular Multi-Vit/Oil
- **#140 MIN** - Multi Mineral
- **#150 PRO** - Nutro Protein
- **#850 Mors** - Methylation Donor

▼ **BACKGROUND**

Based on recent scientific studies, Dr. Shayne Morris, a nutri-metabolomic expert, designed this support for whole body cellular metabolic functions. Coupled with Herbalomic™ research that demonstrates efficacious botanical influence over cellular epigenetic responses, Dr. Morris combined the fatty acids into a synergistic blend that supports the cells' organelle function and provides a nutritional base for the wear and tear of daily function.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#870 SpectraOne**
- **#810 eNRG**
- **#820 EPIC**
- **#840 EVENTA**
- **#850 MORS**
- **#880 VISTAOne**
- **#882 VISTATwo**
- **#197 OMGA-LQ**
- **#150 PRO**
- **#131 FBR**
- **#433 GCEL**

▼ **INFORMATION RESOURCES**

- [www.systemicformulas.com](http://www.systemicformulas.com)

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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