



▼ INGREDIENTS

Supplement Facts	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
Probiotic Blend	12 Billion
<i>Bifidobacterium bifidum</i> <i>Lactobacillus casei</i> <i>Lactobacillus paracasei</i> <i>Bifidobacterium lactis</i> <i>Bifidobacterium longum</i> <i>Lactobacillus acidophilus</i> <i>Lactococcus lactis</i> <i>Lactobacillus plantarum</i> <i>Lactobacillus rhamnosus</i> <i>Lactobacillus salivarius</i>	
* Daily Value not established.	

Other Ingredients: Acacia Gum, Cellulose, Leucine and Silica

▼ DOSAGE

- 1-2 capsules, up to twice per day for 1-6 weeks, or as directed.

▼ PACKAGING

- Capsules: 60 V capsules/eco-bottle.
- Note: Refrigerate to extend viability (shelf-life).

▼ PERSPECTIVE

As clinicians address the burgeoning importance of the gut microbiota's influence over human health, probiotic supplements are becoming more targeted as to species, diversity, and location (enteric/non-enterically coated delivery systems), as well as the inclusion of prebiotic foods that promote colonization of specific species.

▼ LIFESTYLE



#100 ABC (Acidophilus/Bifidus Complex)

A non-dairy synbiotic formula providing both viable probiotic organisms and a prebiotic food supply to support colonization and proliferation. Features a non-enterically coated capsule to facilitate early introduction of the contents into the gastrointestinal tract to support normal biodiversity and nutrient uptake.

▼ INDICATIONS

- Colonization of beneficial gastrointestinal microbiota
- Reinforcement of beneficial probiotic species
- G.I. motility
- Components of a healthy G.I. tract
- Gut/Brain Connection

▼ KEY COMPONENTS

- **Bifidobacterium lactis** – A lower bowel species necessary to both bowel and whole body health.
- **Bifidobacterium longum** – Research points to numerous benefits including improved support for cellular energy production, proper bowel motility, and gut/brain connection; also assists in defending against unwanted organisms.
- **Lactobacillus paracasei** – A probiotic species that can help crowd out unwanted species while contributing to the terrain that supports other probiotic species.
- **Lactococcus lactis** – A beneficial lactic acid producer. Research shows that this species provides nucleo proteins that help regulate health.
- **Lactobacillus casei** – An effective probiotic contributing to microbial diversity and optimal bowel pH.
- **Lactobacillus salivarius** – From the mouth to the intestines, this species provides normal immunological support to the human body.
- **Lactobacillus acidophilus** – Assists in the breakdown of foods and thereby produces hydrogen peroxide, lactic acid and other substances that create an acidic, unfriendly environment for harmful organisms. *L. acidophilus* also creates lactase, an enzyme that converts lactose (milk sugar) into a simple sugar.
- **Lactobacillus plantarum** – Helps reduce catabolic products that require kidney and liver attention. Helps normal colonizations in the small intestines avoid over proliferation.

▼ CONTRAINDICATIONS

People with a condition called SIBO (Small Intestinal Bacterial Overgrowth) should first address that condition because probiotic supplementation can cause additional bloating.

▼ CLINICIAN CONSENSUS

- Support Normal Intestinal Permeability:
 - #100 ABC - Acidophilus/Bifidus Complex
 - #138 MBC - Microbiome Colonizers
 - #467 LGUT - Leaky Gut
 - #131 FBR - Fibers for Intestinal Health

▼ BACKGROUND

Research focused on recolonization, specifically how to get a numerically superior, broad-range, beneficial species adherence to the intestinal niches for a positive impact on overall microbial diversity. The 10 peptone-grown (milk-free) species used in this product provide a wide array of benefits. In addition, the synthesis of much needed cellular messengers to the body to reinforce a proper microbial presence for the "gut/brain connection". It also serves in contributing to a diverse microbiome for normal intestinal function.

▼ SYNERGISTIC CONSIDERATIONS

- #467 LGUT - Leaky Gut Mastery
- #131 FBR - Fibers for Intestinal Health
- #138 MBC - Microbiome Colonizers
- #404 BIND - Toxin Elimination
- #14 C - Colon
- #610 Accell Therapeutic
- #697 ZGlutn - Gluten Control
- #870/871, #872 Spectra One & Two - Herbal Whole Food Cellular Multi-Vitamin/Mineral/Oil
- #491/2491, #492/2492, #493/2493, #494/2494 VRM-1,2,3,4
- #200 AO - Aloe Vera

▼ INFORMATION RESOURCES

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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