



▼ **INGREDIENTS**

SUPPLEMENT FACTS	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
Vitamin C.....	1,350 mg 2250%
(Ascorbic Acid - Corn-Free)	
EGCG (Green Tea Ext).....	.75 mg *
Zinc (Ascorbate).....	.11 mg 100%
Copper (Chelate).....	.100 mcg 5%
Proprietary Blend.....160 mg *	
Ascorbyl Palmitate, Beta Glucan, L-Lysine HCl, Citrus Bioflavonoids; Hesperidin	

* Daily Value not established.

Other Ingredients: Cellulose

▼ **DOSAGE**

- 1-2 capsules, up to 4 times a day, or as directed.

▼ **PACKAGING**

- Capsules: 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

Ever since Dr. Linus Pauling published on the virtues of Vitamin C in 1977, supplementation entered the mainstream. Since then, studies point to Vitamin C's role as a superstar of health. The human body does not manufacture Vitamin C, making it an essential vitamin. A more recent concern has evolved regarding this foundational nutritional supplement. Many companies use GMO-corn syrup as their source which contains the destructive herbicide, glyphosate. Systemic Formulas is committed to avoiding all GMO products and brings you only the truly natural plant and nutrient sources.

▼ **LIFESTYLE**



#126 CZI (Vitamin C, Zinc, Immune Support)

Features Vitamin C, supercharged with Zinc, Copper and Herbalomic ingredients (decaffeinated Green Tea), as well as Ascorbyl Palmitate (fat soluble for cell membrane impact) and immune boosting Beta Glucan. Most importantly, this product includes Citrus Bioflavonoids and Hesperidin for full Vitamin C impact, and the amino acid L-Lysine. Well known as an antioxidant, Vitamin C also provides primary support to normal immune activity and tissue integrity as a primary component of collagen.

▼ **INDICATIONS**

- Daily Vitamin C supplementation
- Adjunctive support re: normal bacterial/viral relations
- Collagen support
- Antioxidant support
- Allergy support
- Cell membrane support
- Immune function support
- Non-GMO, non-corn source

▼ **KEY COMPONENTS**

- **Zinc** – An important trace mineral that, in tandem with Vitamin C, work together to support the body's innate self-repair and immune system health.
- **Vitamin C** – An important cellular antioxidant. Helps the body protect cellular DNA from free radical damage. Supports normal regeneration of other antioxidants including the Vitamin E complex. Vitamin C is one of the body's natural histamine regulators.
- **Copper** – The balance between Copper and Zinc is a determining factor in the viability of a supplement, especially for bone health. Zinc is required for every step of the body's bone building metabolic processes. Though Zinc and Copper are often called "antagonists," they actually work together for the body to have proper oxidation/redux cellular activities, as well as a balanced immune response.
- **Bioflavonoids** – Digestive aide and liver nutrient, contains many substances—notably citric acid, calcium, magnesium, Vitamin C, bioflavonoids, pectin, and limonene—that work synergistically with Vitamin C.
- **Green Tea Extract** – *Camilla sinensis*. Rich in bio-active polyphenols, threonine (supports GABA), catechins, flavonoids, and the antioxidant Epigallocatechin Gallate (EGCG). Supports cellular metabolism. In this formula, the green tea is decaffeinated to bring you the benefits—epigenetic expression of healthy cellular function—without the caffeine.
- **Beta Glucan** – A soluble fiber that provides massive health benefits, particularly for the immune system. Scholarly scientific studies and articles frequently cite beta glucan for its positive blood sugar, cholesterol, and immune supportive impact.

▼ **CONTRAINDICATIONS**

None.

▼ **CLINICIAN CONSENSUS**

- Comprehensive Collagen Nutrition:
 - #126 CZI - Vitamin C, Zinc, Immune Support
 - #150 PRO - Nutro Protein
 - #101 ACP - Vitamin ACP

▼ **BACKGROUND**

Doc Wheelwright respected the role that Vitamin C plays in overall health—immune support, purification, collagen building, bowel processes, normal immune system activity, antioxidant, and cellular metabolic pathways.

▼ **SYNERGISTIC CONSIDERATIONS**

- #870/#871 Spectra One - Whole Food Cellular Multi-Vit/Min
- #129/#199 DV₃/VitD₃Lq - Vit D₃ + K₂
- #130 EZV - 200 IU Vitamin E
- #115 B16 - 16 B Vitamins Stress Complex
- #102/#2102 ACX - Vitamin DTX
- #184 Rox - Super Antioxidant w/ Resveratrol
- #31/#2031 Ga - Adrenal
- #123 CLR - Chlorophyllin
- #155 PTM - Potassium Stabilizer
- #245 RV - Renavator
- #408 CLNZ - Chelator
- #3/#1003/#2003 Bactrex
- #435/#1435/#2435 GOLD - Immune +

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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