



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
L-Aspartic Acid.....	18 mg *
Betaine HCl.....	68 mg *
L-Glutamic Acid.....	68 mg *
Calcium (Carbonate).....	17.5 mg 2%
Proprietary Blend.....	675 mg *
Kola (Nuts); Pancrealipase; Spearmint (Leaves); Echinacea Purpurea (Root); RNA/DNA Ox Bile Tissue Factors; RNA/DNA Liver Tissue Factors; Papaya (Leaves); RNA/DNA Stomach Tissue Factors; Goldenseal (Root); Gentian (Root); Pancreatin; Ammonium Chloride; Guava (Fruit); Bromelain; Pepsin 1/3000	
*Daily Value is not established.	
Other Ingredients: Gelatin, Dextrose and Leucine	

▼ **DOSAGE**

- 1-2 capsules with each meal, for 1-4 months, or as directed.

▼ **PACKAGING**

- 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

Based on many studies, supplemental enzymes help support the body's innate enzyme digestive processes via stomach acid, protease, amylase, and lipase enzymes; and assist the uptake of food nutrients into the body. Supplemental digestives are a mainstay of healthy dietary practices.

▼ **LIFESTYLE**



#18 Ds (Digest-s)

Considered to be a mild version of the famous D (Digestive) formula, Ds provides thorough enzyme support for protein, fat and carbohydrate digestion. It has become a favorite of clinicians for assisting the digestion of cruciferous vegetables such as cabbage, cauliflower, and broccoli; and for people who have sensitive stomachs.

▼ **INDICATIONS**

- Support digestive pH for normal effective ranges
- Pancreatic exocrine support
- Support the liver's role in digestion and humanization of nutrients
- A milder version of D (Digest), works well for irritated stomachs that require gentle, soothing support
- Digestive support for young and old

▼ **KEY COMPONENTS**

- **L-Aspartic Acid** – Also known as aspartate, is an α-amino acid that is used in the biosynthesis of proteins. A nutrient necessary for normal digestive metabolic processes.
- **Ammonium Chloride** – Helps support normal digestive processes. A pH buffer. Provides chlorides for normal HCl production.
- **Betaine HCl** (Hydrochloric Acid) -Works with pepsin regarding protein digestion. Facilitates normal digestive processes and parietal cell integrity.
- **Bromelain** – From pineapple, is a mixture of proteolytic enzymes.
- **Echinacea** – Supports the GI tract mucous membranes and supports production of natural enzymes and hydrochloric acid.
- **Glutamic Acid** – Works in tandem with Betaine HCl to stimulate the natural HCl that signals stomach valve closure for normal and effective digestive processes.
- **Goldenseal** – An herb with a long history of supporting healthy digestive processes as well as GI tract microbial balance.
- **RNA/DNA Ox Bile Factors** – Helps the normal fatty acid digestive processes. Supports healthy liver and gall bladder activities.
- **Pancreatin** – A group of pancreatic enzymes [amylases, proteases (trypsin), lipases]. Helps hydrolyze nutrients for absorption.
- **Pepsin** – Helps convert proteins into peptide bonds for assimilation. Produced in the stomach, pepsin is a primary digestive enzyme. It serves as a signaling molecule to initiate other digestive activities, such as the release of proper pancreatic enzymes to further complete the digestive process.

▼ **CONTRAINDICATIONS**

None known. While containing a number of therapeutic botanicals, Doc Wheelwright taught that combined herbal formula nutrients work synergistically deriving the most benefit from small amounts of ingredients that enhance and support each other to gain beneficial impact.

▼ **CLINICIAN CONSENSUS**

- Support Digestion, Sensitive:
 - **#18 Ds** - Digest-s
 - **#2 Builder**

▼ **BACKGROUND**

Holding to the same goals as the D (Digest) formula of supporting the digestive system while also providing a rich array of enzymes for protein, fats, and carbohydrates, Ds is a milder version suitable for long-term use. Doc Wheelwright formulated Ds so that people with stomach irritations could benefit from enzymatic support and digestive-enhancing nutrients without burning pains. Like the D (Digest) formula, Ds supports many facets of the digestive processes: stomach, pancreas, and gall bladder.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#650 ENZEE** - High Potency Metabolizing Enzyme Complex
- **#1 Activator**
- **#2 Builder**
- **#6 Restore**
- **#100 ABC** - Acidophilus & Bifidus Complex
- **#138 MBC** - Microbiome Colonizers
- **#200 AO** - Aloe Vera
- **#428 DSIR** - Intergen
- **#467 LGUT** - Leaky Gut
- **#920 Core Cellular Program**
- **#740 Earth Sedate** - Clear Congestion
- **#745 Earth Tonify** - Warm The Center
- **#660 MELA** - Optimal Terrain Enzymes

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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