



▼ DOSAGE

- Externally: Apply full strength as needed.
- Internally: 1-3 oz. in equal parts with water, three times a day, as needed.

▼ PACKAGING

- 17 fl. oz.

▼ PERSPECTIVE

For the entire span of recorded human history, the aloe plant has been a soother, healer, and balm. The plant is a master at water storage and sealing wounds to its leaves. If a leaf is wounded, it quickly employs its instinctive “seal and heal” capabilities as its survival in the desert depends on this. This recognized trait is the reason that millions of people have a potted aloe plant in their homes and it’s their first response for minor burns and abrasions; and they’ll tell you, “nothing works better than aloe.” Research on aloe reveals unique polysaccharides that help internally as support for the gastrointestinal tract.

▼ LIFESTYLE



#200 AO (Aloe Vera)

Considered a powerfully supportive plant, this is a 3-4x concentration of Aloe Vera (Aloe barbadensis) extracted from the inner gel rich in vitamins, minerals, amino acids, mucopolysaccharides, enzymes, lignins, fatty acids, saponins, allantoin, and salicylic acid that can serve a broad spectrum of healthy body processes. Historically used to support the body’s recovery from burns and injuries, immune processes, and overall digestive tract health. Aloe vera is suitable for both external and internal use.

▼ INDICATIONS

WebMD cites research on aloe that it may be helpful in the following instances:

- Skin conditions
 - Laxative effect
 - Blood sugar and cholesterol normal balance
- Historic applications of aloe suggest that it may be helpful and supportive of the body’s normal self-regulatory processes as a:
- Topical purifying agent
 - Burns and sunburn (topical) soother
 - Stomach tissue maintenance
 - Bruises
 - Temporary itch relief from insect bites
 - Herpes outbreaks temporary relief
 - Acne rosacea soother
 - Help normal repair processes re: leaky gut
 - Soothe the intestinal tract
 - Poison Ivy relief (topical)

▼ KEY COMPONENTS

- **Aloe Vera** – Like all plants, aloe vera has features that help protect the plant from fungi and bacteria. As a desert dwelling plant, aloe has established strong survival skills regarding ‘holding moisture’ and thus it’s become a common ingredient in many cosmetic products. Historically, aloe has been used for thousands of years for both internal and external applications.

▼ CONTRAINDICATIONS

May increase the effects of blood sugar lowering medications.

Caution during pregnancy for women who react strongly to aloe’s diuretic/contracting impact and blood sugar lowering effects. Small amounts are deemed safe, but large amounts to stimulate bowel movements may be too much during pregnancy. The outer leaf (not used in this AO formula) has the most ‘contractive’ properties prompting that contraindications should differentiate between the use of the inner gel vs. whole leaf products.

Allergies: some people who are allergic to onions and garlic (the Liliaceae family) might be reactive to aloe.

▼ CLINICIAN CONSENSUS

- Topical Relief Of Skin Issues
 - #200 AO - Aloe Vera
 - #270 SC - Cleanser
 - #245 RV - Renavator

▼ BACKGROUND

Doc Wheelwright was a big fan of aloe vera and often advised people to have a few plants growing in the garden for first aid use. Based on his personal research, he preferred the inner leaf gel, without the skin, citing that the skin was the plant’s toxic barrier to the external environment. In this product, the healing power of aloe vera is concentrated making a potent topical and internal use liquid.

▼ SYNERGISTIC CONSIDERATIONS

- #6 Restore
- #428 DSIR - Interger
- #14 C - Colon
- #17 D - Digestive
- #18 Ds - Digestive-s
- #150 PRO - Nutro Pro
- #400 APHA - pH Control
- #195 ZNC - Zinc Chelate
- #880/#882 VISTAOne & Two - Membrane Regeneration
- #660 MELA - Optimal Terrain Enzymes
- #467 LGUT - Leaky Gut
- #60 L - Liver
- #62 Ls - Livers

▼ INFORMATION RESOURCES

- www.systemicformulas.com