



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 Softgels	
Amount Per Serving	% Daily Value
Vitamin E (d-Alpha-Tocopherol).....30 IU	100%
Omega-6 (Linoleic Acid).....800 mg	*
Omega-3 (Alpha-Linolenic Acid) ...200 mg	*
Proprietary Blend.....1600 mg	*
Safflower Oil, Flax Seed Oil, Grapeseed Oil, Perilla Seed Oil, Pumpkin Seed Oil, Coconut Oil (Tree Nut), Sea Buckthorn Oil, Vitamin E Tocotrienol/Tocopherol Complex	
*Daily Value is not established	
Other Ingredients: Gelatin, Glycerin, Water and Annatto	

▼ **DOSAGE**

- Softgels: Take 2, up to twice per day, or as directed.
- Liquid: Take 2 droppers, up to twice per day, or as directed.

▼ **PACKAGING**

- Softgels: 60 capsules/eco-bottle
- Liquid: 2 fl oz.
- Note: VISTA ONE comes in capsule and liquid versions.

▼ **PERSPECTIVE**

Modern science has totally revamped our concept of cell membranes as being selectively permeable, lipid, floating rafts of bi-layer fatty acids that contain switches for induction of nutrients, oxygen, and hormonal input; and exhibit traits of Innate Intelligence in how they regulate the internal cell metabolic processes.

▼ **LIFESTYLE**



#883 VISTA TWO (Membrane Regeneration)
#882 VISTA TWO LQ

Cellular membranes are critical to optimal cellular structure and function. Nourish the cell membrane and the cells can correct hormone resistances such as insulin resistance, leptin resistance, estrogen/progesterone resistance. Improve membrane fluidity and the cells can receive more oxygen and nutrients to make ATP energy. Support the cell membrane and the cells can detoxify their metabolic and acquired toxins. VISTA is the culmination of Systemic Formulas' ongoing nutrigenomic and metabolomic cell membrane research. VISTA is a revolutionary product supporting all aspects of cell membrane integrity. This ground breaking formulation provides essential and unique nutrients to the mitochondria, golgi, endoplasmic and plasma membranes. The VISTA formula comes in four components. VISTA ONE comes in a capsule and liquid. VISTA TWO comes in a softgel and liquid.

▼ **INDICATIONS**

- All cell membrane nourishment concerns
- Adjunctive support for hormone balance programs
- Metabolic Syndrome (Heart, Cardiovascular, Glucose balance) normal support
- Cell membrane integrity support
- Mitochondrial membrane support
- Beta oxidation for ATP energy production
- Brain support
- Cell membrane fluidity

▼ **KEY COMPONENTS**

- **Vitamin E (Mixed Tocopherols)** – All four tocopherols for balanced cellular utilization; supports normal cell membrane protective (antioxidant) processes; supports lymphocyte integrity.
- **Omega 3 (Alpha-Linolenic Acid)** – An essential fatty acid. Supports normal cell membrane and blood lipid function.
- **Omega 6 (Linoleic Acid)** – Essential to human health; body does not produce so we must obtain through foods and supplement.
- **Coconut Oil** – A superfood, contains medium chain triglyceride for cellular energy processes. Supports normal brain health, normal LDL and HDL cholesterol balance. Increases ketone bodies for efficient mitochondrial energy production.
- **Grapeseed Oil** – An excellent source of essential fatty acids and vitamin E. The antioxidant polyphenols and flavonoids help normal, membrane protective processes against free radical damage.
- **Flax Seed Oil** – Antioxidant rich, associated with supporting normal cardiovascular and intestinal health. Excellent Omega-3 fatty acid content.
- **Pumpkin Seed Oil** – Protein rich, high in magnesium and beta carotene. The tocopherol in pumpkin seed is a powerful antioxidant and helps the body to use vitamin K for red blood cell production.
- **Sea Buckthorn Oil** – A powerhouse of unique fatty acids; contains a host of building blocks including vitamins C, A, several B vitamins, E, K, P, F, as well as Omega-7, calcium, magnesium, potassium, iron, and sodium; intensive cellular care.
- **Perilla Oil** – Supports normal fatty acid metabolism throughout the body. Supports normal cardiovascular function and the brain's hippocampus region nutritionally.

▼ **CONTRAINDICATIONS**

None when taken as directed.

▼ **CLINICIAN CONSENSUS**

- Comprehensive Cell Membrane Support:
 - **#880/#881 VISTA ONE** (Membrane Regeneration)
 - **#882/#883 VISTA TWO** (Membrane Regeneration)
 - **#184 ROX** (Super Antioxidant w//Resveratrol)
 - **#128 CVO^R** (Cardiovascular Oil)

▼ **BACKGROUND**

Designed by Dr. Shayne Morris to utilize the latest, cutting edge research on cell membranes, receptors, and membrane fluidity. This blend of phospholipids, cell membrane factors, proteins and fatty acids supports normal cell membrane structures and beta oxidation processes for ATP energy production. The 4:1 ratio of $\Omega 3$ and $\Omega 6$ is particularly useful for utilization by normal brain metabolic processes.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#880/#881 VISTA ONE** (Membrane Regeneration)
- **#128 CVO^R** (Cardiovascular Oil)
- **#197 OMG** (Omega 3-6-9)
- **#810/#811 eNRG** (Quantum Cellular ATP Energy)
- **#820/#821 EPIC** (Metabolic NO/ONOO Antioxidant)
- **#850 MoRS** (Methylation Donor)
- **#184 ROX** (Super Antioxidant w//Resveratrol)
- **#129/#199 DV₃** (Vitamin D3+) & **VitD₃^{1a}** (Vitamin D₃, K₂)
- **#73 Mpr** (Prostata/Ovatum)
- **#12 B** (Brain)
- **#48 HQ** (Heart Energy)
- **#510 Brainy Play** (Omega 3-6-9)

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.
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