



▼ **DIRECTIONS**

• **For 30 Days:**  
Morning: Take 1 "Morning Packet" with or without food.

Evening: Take 1 "Evening Packet" with or without food.

• **Important:** Increase amount of liquid intake while taking Systemic Formulas Prep Phase.

• Package Duration is at Practitioner Discretion. Full Package May Be Repeated By Direction of Practitioner.

**#943 Prep Phase**

The Systemic Formulas Prep Phase prepares the cellular purification and downstream purification pathways for safe and effective elimination by establishing methylation, nourishing cellular receptors, reseeding the gut with high-potency probiotics, and supporting optimal liver and kidney function.

▼ **USE FOR**

- Assist in preparing the body and brain for cleansing.
- Support optimal liver and kidney function
- Provides high-potency probiotics.
- Supports cellular purification.

▼ **SUPPLEMENTS**

• **Vista 1 & 2 (Membrane Regeneration)** – is a revolutionary product which supports cell membrane integrity via essential phospholipids, antioxidants, amino acids, and botanicals. This groundbreaking formulation provides essential and unique nutrients to the mitochondria, golgi, endoplasmic and plasma membranes. Vista Promotes healthy cell membrane structure and helps maintain overall health.

**Vista 1 Key Ingredients:** Cardiolipin, Phospholipids, Zeaxanthin

**Vista 2 Key Ingredients:** Chia Seed Oil, Omega 3 (Linoleic Acid), Omega 6 (Alpha-Linoleic Acid)

• **MoRs (Methylation Donor)** – Provides nutrients to support methylation, which promotes healthy homocysteine metabolism. Providing the L-5-methyltetrahydrofolate form of folate along with vitamins B6 and methylated B12, genistein, choline and a full herbalomic blend helps ensure better folate nutrition—especially in those with genetic variations in folate metabolism. Methyl molecules (CH3) serve thousands of metabolic processes including detoxification; and serving as "on/off" switches of genetic, chromosomal expression. Methyl molecules are necessary for intracellular metabolic function, and epigenetic expression of health.

**Key Ingredients:** 5-MTHF Vitamin B9, Methylcobalamin Vitamin B12, Genistein

• **eNRG (Quantum Cellular ATP Energy)**– Supplies key nutrients for the mitochondrial production of ATP (Adenosine Triphosphate),

the chemical energy of life, coupled with herbalomic® botanicals that support the epigenetic cellular metabolism for the citric acid cycle as well as its beta oxidative processes. Contains essential nutrient PQQ. Supports Mitochondrial Biogenesis.

**Key Ingredients:** PQQ-Prroloquinoline quinone, Glucono Delta Lactone, Coenzyme Q-10

• **MBC (Microbiome Colonizer)** – is a very high potency, ten species, enteric-coated, spore form, probiotic formula designed to re-colonize the Gastrointestinal Tract microbiome with beneficial, high attachment species. These probiotics support a healthy immune function, healthy digestion, and processing of nascent vitamins which support the brain and cellular metabolic processes.

**Key Ingredients:** Bifidobacterium Bifidum, Lactobacillus Casei, Lactobacillus Acidophilus

• **L-Liver** – This is the preeminent liver building formula that supports building & maintenance of the liver's intercellular tissues. This formula provides herbal and bioenergetic nutrition for the liver including softening, and purification of the liver with some support to the gall bladder as well during cleansing.

**Key Ingredients:** Boldo, Golden Seal, Celandine

• **K-Kidney** – Comprehensive support for kidneys. This formula is the preeminent kidney support formula for integrity of the kidney tissue. Also, supports general bladder health.

**Key Ingredients:** Buchu, Cha de Bugre, Cleavers Herb

▼ **CONTRAINDICATIONS**

• Consult with physician if Pregnant, in Renal Failure, a recipient of an organ transplants, or if diabetic taking insulin.

▼ **NEXT PHASE**

• Body Phase #940

▼ **INFORMATION RESOURCES**

• [www.systemicformulas.com](http://www.systemicformulas.com)