



## ▼ INGREDIENTS

SUPPLEMENT FACTS		
Serving Size: 1 Capsule		
Amount Per Serving		% Daily Value
Vitamin D3.....	4350 IU	1088%
Calcium (Carbonate).....	51 mg	5%
Magnesium (Oxide).....	65 mg	18%
Vitamin A.....	2,975 IU	60%
Zinc (Chelate).....	5.1 mg	34%
Potassium (Bitartrate).....	3.1 mg	<1%
Vitamin K2.....	85 mcg	106%
Vitamin E.....	30.5 IU	102%
Vitamin C (Magnesium Ascorbate).....	3.8 mg	7%
Proprietary Blend.....190 mg		
Rose Hips (Hb); Celadine (Hb); Beta Glucan; Turmeric; RNA/DNA Liver Tissue Factors; RNA/ DNA Kidney Tissue Factors; L-Carnitine; Grape Seed (Ext); Citrus Bioflavonoids; Kamala (Hb); Cleavers (Hb)		
* Daily Value not established.		
Other Ingredients: Gelatin, Vegetable Stearate, Silica and Leucine		

## ▼ DOSAGE

- 1-2 capsules once per day, for 4-8 weeks, or as directed.

## ▼ PACKAGING

- Capsules: 60 capsules/eco-bottle.

## ▼ PERSPECTIVE

All the fat soluble vitamins work together. This is a basic and fundamental rule of good nutritional supplementation. In fact, overuse of Vitamin D<sub>3</sub> without accompanying Vitamin K<sub>2</sub> can result in a "relative deficiency" of K<sub>2</sub> which helps mobilize calcium toward the bones and not toward arteries and joints. Vitamins A and E are also important in fat-soluble vitamin metabolic processes.

## ▼ LIFESTYLE



## #129 DV3 (Vitamin D3 + Immune Support)

This is a unique formula of Vitamin D<sub>3</sub>, plus the fat-soluble vitamin family of Vitamins K<sub>2</sub>, E, and A; Beta Glucan; Turmeric; L-Carnitine; Calcium; Magnesium; and includes liver and kidney support. Vitamin D helps the "adaptive" immune response maintain its innate balance with the body's 'acquired' immune system processes. Replete with the necessary Vitamin K<sub>2</sub> which should always accompany Vitamin D supplementation, this is a top of the line, clinically effective supplement for establishing activated Vitamin D receptors associated with optimal health. Also comes in a liquid version: #199, Vitamin D<sub>3</sub>LQ (Vitamin D<sub>3</sub> + K<sub>2</sub>).

### ▼ INDICATIONS

- Vitamin D support
- Immune system support
- Bone integrity support
- Normal anti-aging support

### ▼ KEY COMPONENTS

- **Vitamin D<sub>3</sub>** – Vitamin D up-regulates normal immune processes and produces over 200 peptides used in microbial relations including cathelicidin - a naturally occurring peptide necessary for overall immune health. Helps ensure calcium and phosphorus absorption and bioavailability necessary for normal bone maintenance. Supports hundreds of cell receptors that require Vitamin D.
- **Vitamin E** – A fat-soluble, antioxidant vitamin important to brain, nerve, blood vessel, heart, liver and skin health. A peroxyl scavenger, enzyme regulator, gene expressor, and blood lipid director.
- **Vitamin K<sub>2</sub>** – Specific type of vitamin K<sub>2</sub> (MK-7) helps regulate calcium throughout the body and is associated with normal overall bone health.
- **Vitamin A** – Vitamin A is necessary for a strong immune system, good vision and healthy skin. An important nutrient for mucous membranes.
- **RNA/DNA Liver Tissue Factors** – Cellular identity factors specific to liver cellular integrity.
- **Beta Glucan** – A nutrient that serves as a normal activator of macrophages, the immune cells that ingest and demolish invading pathogens and stimulate other immune cells to attack; macrophages release cytokines, chemicals that when secreted enable the immune cells to communicate and coordinate its activities, stimulate lethal white blood cells.
- **Turmeric** – Supports detoxification systems in addition to its antioxidant properties, inhibits free radical damage of fats (such as those found in cell membranes and cholesterol), prevents the formation of the inflammatory chemical cyclooxygenase-2 (COX-2), and induces the formation of a primary liver detoxification enzyme, glutathione S-transferase (GST). A good source of Vitamin B<sub>6</sub>, that's necessary for normal homocysteine metabolic processes.
- **RNA/DNA Kidney Tissue Factors** – Supports the kidney's tissue integrity. The kidneys hydroxylate Vitamin D into its active form.
- **L-Carnitine** – A natural amino acid known to enhance the effects of normal antioxidant systems within the body. Supports normal cell membrane integrity and manages the conversion of arachidonic acid into certain pathways. Transports long-chain fatty acids into the mitochondria for energy. Transports metabolic waste out of the mitochondria.

- **Calcium** – Consistent level of calcium in the body's fluids and tissues is needed for muscle contraction, blood vessel contraction and expansion, the secretion of hormones and enzymes, and transmission of messages through the nervous system.
- **Magnesium** – An essential mineral that modulates normal immune system functions; required for synthesis of DNA, RNA, and the premier antioxidant, glutathione. Plays a role in the active transport of calcium and potassium ions across cell membranes, a process that is important to nerve impulse conduction, muscle contraction, and normal heart rhythm.
- **Grape Seed Extract** – A stabilizing antioxidant containing flavonoids. Supports calcium metabolic activity.

### ▼ CONTRAINDICATIONS

None when taken as directed.

### ▼ CLINICIAN CONSENSUS

- Healthy Immune Support:  
#129 DV<sub>3</sub> - Vit D<sub>3</sub> + Immune Support  
#41 Gt - Thymus  
#241 EV - Elixir Vita

### ▼ BACKGROUND

Responding to the national pandemic of sun phobia and the resulting lack of Vitamin D<sub>3</sub>, which is directly associated with increased susceptibility to hundreds of the body's normal cellular metabolic processes, Dr. Shayne Morris combined Vitamin D<sub>3</sub> with its synergistic Vitamin K<sub>2</sub> plus enhancing minerals and amino acids, all enhanced with Herbalomic™ ingredients that facilitate Vitamin D<sub>3</sub>'s receptivity and impact upon cellular epigenetic processes.

### ▼ SYNERGISTIC CONSIDERATIONS

- #870/#871/#872 Spectra One & Two - Whole Food, Cell, Multi-Vitamin/Mineral/Oil
- #187 TMI - Thyroid Metabolism/Iodine
- #12 B - Brain
- #22 F+ - Female Plus
- #70 M+ - Male Endocrine
- #850 MoRS - Methylation Donor
- #810 eNRG - Quantum ATP Energy
- #433 GCEL - Intracellular Glutathione
- #128 CVO<sup>R</sup> - Cardiovascular Oil
- #880/#881/#882/#883 VISTA One & Two - Membrane Regeneration
- #48 HQ - Heart Energy

### ▼ INFORMATION RESOURCES

- [www.systemicformulas.com](http://www.systemicformulas.com)