



▼ INGREDIENTS

SUPPLEMENT FACTS		
Serving Size: 1 mL		
Servings Per Bottle: 60		
Amount Per Serving		% Daily Value
Vitamin D ₃	3,000 IU	750%
Vitamin A	500 IU	10%
Vitamin K ₂	80 mcg	100%

Proprietary Blend
Calcium Carbonate, Magnesium Oxide, Rose Hips (RHS), Celastrol (RHS), Beta Glucan, Turmeric, Zinc Chelate, Potassium Bitartrate, RNA/DNA Liver Tissue Factors, RNA/DNA Kidney Tissue Factors, L-Carnitine, Grape Seed (Ext), Ascorbic Acid, Citrus Bioflavonoids, Kamata (RHS), Chlorella (RHS)
Other Ingredients: Water, Glycerin, Ethanol, Xylitol, Citric Acid, Malic Acid, Stevia and Natural Flavors.

▼ DOSAGE

- 1-2 ml, once or twice per day, for 4-8 weeks, or as directed.

▼ PACKAGING

- 2 oz. glass bottle with dropper.

▼ PERSPECTIVE

Vitamin D₃ skyrocketed into the public awareness thanks to nutritional and health research that discovered its vital role in cellular function and disease prevention; and brought the Vitamin D's true importance for overall health. More recently, science points to the interrelatedness of all the fat-soluble vitamins working together, especially pairing Vitamin D₃ with Vitamins K₂ and A. Bottom line: it's best to always include Vitamin K₂ when supplementing with Vitamin D₃.

▼ LIFESTYLE



#199 Vitamin D₃ L^Q (Vitamin D₃ + K₂)

This is a unique formula of Vitamin D₃ plus Vitamins K₂ and A; Beta Glucan; Turmeric; L-Carnitine; Calcium; Magnesium; and includes liver and kidney support. Vitamin D supports the "adaptive" immune response to work hand in hand with the innate immune response. Replete with the necessary Vitamin K₂ which should always accompany Vitamin D supplementation, this is at top of the line, clinically effective supplement for providing supplemental Vitamin D and the concomitant fatty acid vitamins for whole body health. Also comes in a capsule version: #129, DV₃ (Vitamin D₃ + Immune Support).

▼ INDICATIONS

- Vitamin D support
- Immune system support
- Bone integrity support
- Normal cellular longevity factor

▼ KEY COMPONENTS

- **Vitamin D₃** – Vitamin D up-regulates normal immune processes and produces over 200 peptides used in microbial relations including cathelicidin - a naturally occurring peptide necessary for overall immune health. Helps ensure calcium and phosphorus absorption and bioavailability necessary for normal bone maintenance. Supports hundreds of cell receptors that require Vitamin D.
- **Vitamin K₂** – Specific type of Vitamin K₂ (MK-7) helps regulate calcium throughout the body and is associated with normal overall bone health.
- **Vitamin A** – Vitamin A is necessary for a strong immune system, good vision and healthy skin. An important nutrient for mucous membranes.
- **RNA/DNA Liver Tissue Factors** – Cellular identity factors specific to liver cellular integrity.
- **Beta Glucan** – A nutrient that serves as a normal activator of *macrophages*, the immune cells that ingest and demolish invading *pathogens* and stimulate other immune cells to attack; *macrophages* release *cytokines*, chemicals that when secreted enable the immune cells to communicate and coordinate its activities, stimulate lethal white blood cells.
- **Turmeric** – Supports normal cellular purification activities and provides useful antioxidant properties to support the normal free radical processes such as those innate in cell membranes and cholesterol molecules. Helps the normal causal chain of the chemical cyclooxygenase-2 (COX-2), and helps induce the primary liver enzyme, Glutathione S-Transferase (GST). A good source of Vitamin B6 that is necessary for homocysteine metabolic cycling.
- **RNA/DNA Kidney Tissue Factors** – Supports the kidney's tissue integrity. The kidneys hydroxylate Vitamin D into its active form.
- **L-Carnitine** – A natural amino acid supportive of normal antioxidant systems within the body. Supports normal cell membrane integrity and manages the conversion of arachidonic acid into certain pathways. Transports long-chain fatty acids into the mitochondria for energy. Transports metabolic waste out of the mitochondria.
- **Calcium** – A consistent level of calcium in the body's fluids and tissues is needed for muscle contraction, blood vessel contraction and expansion, the secretion of hormones and enzymes, and transmission of messages through the nervous system.

- **Magnesium** – An essential mineral that modulates normal immune system functions; required for synthesis of DNA, RNA, and the premier antioxidant, glutathione. Plays a role in the active transport of calcium and potassium ions across cell membranes, a process that is important to nerve impulse conduction, muscle contraction, and normal heart rhythm.
- **Grape Seed Extract** – A stabilizing antioxidant containing flavonoids. Supports calcium metabolic activity.

▼ CONTRAINDICATIONS

None when taken as directed.

▼ CLINICIAN CONSENSUS

- Healthy Immune Support:
#199 Vitamin D₃ L^Q - Vitamin D₃ + K₂
#41 Gt - Thymus
#241 EV - Elixir Vita

▼ BACKGROUND

Responding to the national pandemic of sun phobia and the resulting lack of Vitamin D₃ which is directly associated with increased susceptibility to hundreds of the body's normal cellular metabolic processes, Dr. Shayne Morris combined Vitamin D₃ with its synergistic Vitamin K₂ plus metabolically supportive minerals and amino acids, all enhanced with Herbalomic™ ingredients that facilitate Vitamin D₃'s receptivity and impact upon cellular epigenetic processes.

▼ SYNERGISTIC CONSIDERATIONS

- #870/#871/#872 - Spectra One & Two - Whole Food, Cell, Multi-Vitamin/Mineral/Oil
- #187 TMI - Thyroid Metabolism-Iodine
- #12 B - Brain
- #22 F+ - Female Plus
- #70 M+ - Male Endocrine
- #850 MoRS - Methylation Donor
- #810 eNRG - Quantum ATP Energy
- #433 GCEL - Intracellular Glutathione
- #128 CVOR^R - Cardiovascular Oil
- #880/#881/#882/#883 VISTA One & Two - Membrane Regeneration

▼ INFORMATION RESOURCES

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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